



Wakes You Up

*Naloxone and the Inner
City Youth Experience*



*Dedicated to the memory
of people who have lost
their lives to overdose,
and to the people they
have left behind.*

“Well, after my girlfriend at the
time **overdosed in**
front of me,

I got a little bit worried, you know.



For Thousands of Years
my close friend the Poppy
has given me thousands
of opiate overdoses!

.....

In fact I have been
busier than ever!

It was a dark
time for mortals!

MY favourite was to take
BROTHERS, SISTERS, moth...
HELL! I Love taking
family members!

* whispers *

No one really believes Opiates
can kill their family



I thought, you know, I wish there was
**something I
could have done**
to help her."

what people don't
realize is Even
Opiates Prescribed
By a doctor
like Vicodin, Codeine
etc Can hurt you!



Yup, your
System can have a
low tolerance if
you drink Alcohol

4 Percocet oxycotin Codeine

Heroin morphine

*and makes you realize that it's
real life*

*and you're kind of
playing with
fire sometimes."*





“Yeah,
it’s just
that you can
never really
prepare
yourself.”

I mean,
going into it you think
that you’re **invincible**
and that you’ll be able
to notice when you start
slipping into an overdose,
and that things are
going to be okay for you,
but you’re the
same as anyone else.

The background of the slide is a light blue color with a dense, repeating pattern of blue line art. The pattern consists of various skeletal elements, including skulls, ribcages, and limbs, arranged in a way that creates a complex, maze-like texture. The text is centered horizontally and vertically over this pattern.

You can fall victim to the same causality.”

A: I gave it to his lower left shoulder. Yeah.

Q: And after you had given the shot, what happened next? You mentioned 15 minutes, but what happened in those 15 minutes?



A: In the 15 minutes we stayed with him, he stopped breathing. I had to administer breaths with the face mask.

Q: Oh, you administered breaths with the face mask.

A: Yeah, I stimulated his chest first. There was no response. So we laid him on his side and administered Narcan and then gave seven-second breaths.



After the first administered shot, the staff came in with their Narcan kit and gave him a second shot.

About 15 minutes after the two shots were administered, he kind of snapped out of it and came to.

He didn't know what was going on. He didn't know that he was just Narcanned.

NMA

“After I used the kit, well, I called the ambulance just to make sure everything was okay. So the ambulance showed up and they basically took over.

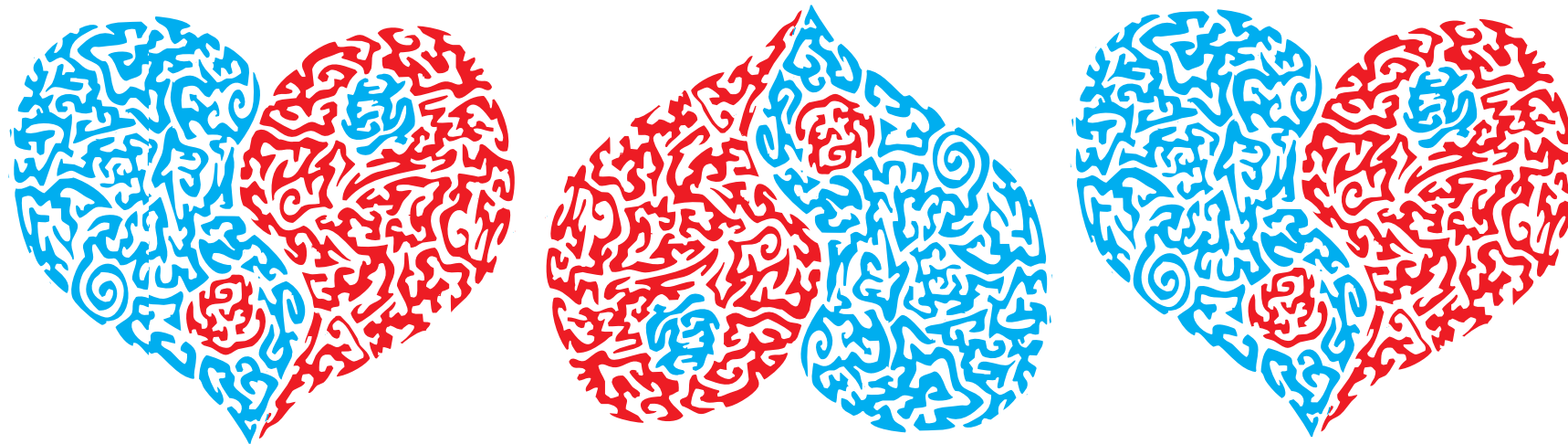
NYO

They said: Great job. You could have saved his life. You did awesome. We're going to take it from here....”



"I think, like, it reinforced that people are really genuinely caring about us."

And not, like, 'you guys are a bunch of junkies, you don't fucking need to...! They actually really gave a shit about us and were, like, considerate and polite.'



*" Well, we're not
looked down upon
just because we use.*





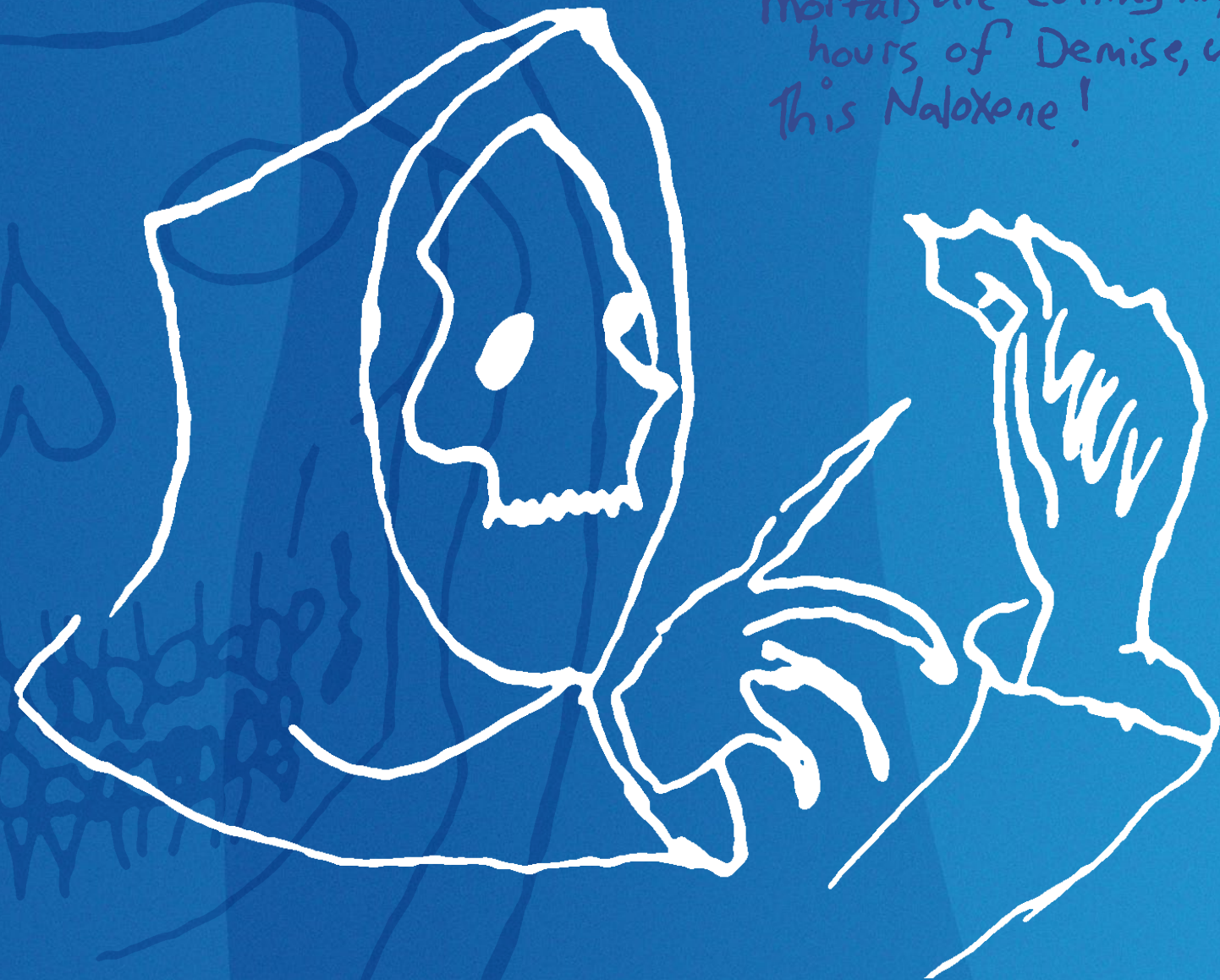
And, like, stigma is not changing the relationship between a user and a non-user."

“Well, because
when you don't have
Naloxone training
and you don't have
a Naloxone kit, and
when an overdose
comes around,
what can you
really do?”

You can give
a person CPR and
pray and hope for
the best....

Whereas with
Naloxone you're
kind of given
the power to
do something
about it.”

Alas! I fear the
mortals are cutting my
hours of Demise, with
this Naloxone!



“ Then family members started
talking to me about using and stuff...

But, you know, I was trying not to use
at that point, so I said, like,

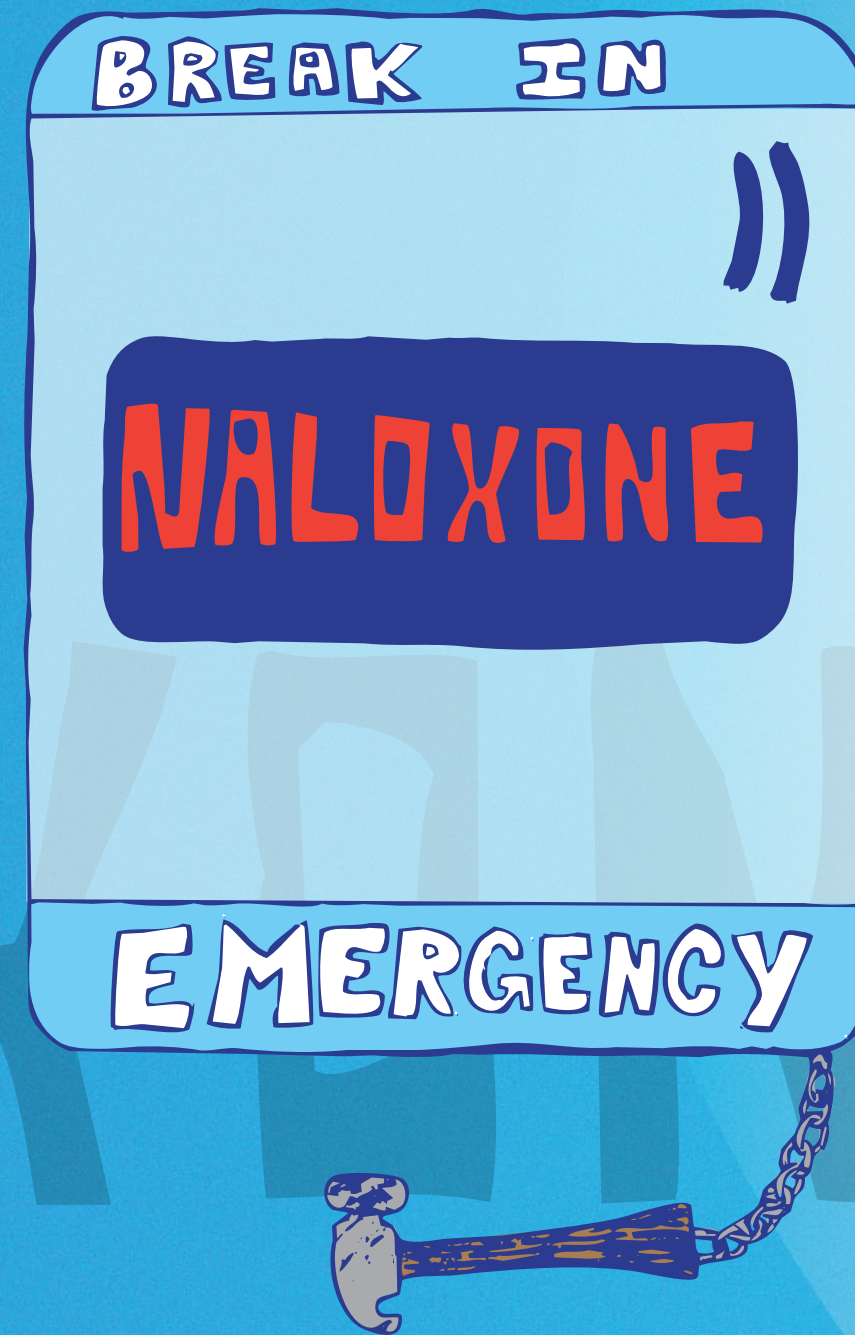
**if something bad
happens**

... or whatever and
I fucked up or overdosed –

Then, yeah, at least they
know what to do.”



“ They should actually have,
**like a fire
extinguisher,**
a case with Naloxone in every
hotel where people use drugs. ”



*“Like, it almost feels like
a weight has been lifted
or like...
there’s an invisible wall
that was broken.”*





*And we can now
talk about something
a bit more casually,
even though it's serious.”*

These quotes are from street-involved youth (aged 19-25) who are connected with the Inner City Youth Program in Vancouver, BC.

They were asked about their experience with the BC Centre for Disease Control's Take Home Naloxone project, and their comments were included in a report anonymously.

We asked some other youth artists to illustrate the quotes for this book.

The Naloxone Inner City Youth Experience (NICYE) Team

Katrina Pellatt Elise Durante
Keren Mitchell Mike Fawkes
Zakary Zawaduk Ashraf Amlani
Jane Buxton

The Artists



Meghan

Pages 2-5, 30-31



Tessa Lobbes

Tessa is an aspiring artist who will be known for her art worldwide one day. She just loves to draw!

Pages 14-17, 20-23, 32-33



Mana Kazemi

Pages 10-13, 24-27



Kelsie Young Eaton

Kelsie has a passion for art and can do a range of different types of work, such as pieces done with 'Sharpies,' paint markers or pens, painting, and artwork on the computer – graphic design. She has battled a serious addiction with heroin and crystal meth for several years. She is very grateful for Narcan/Naloxone as it has saved so many lives, including her own.

Pages 6-9, 34-37, and covers



BREATHING WILL BE SLOW OR ABSENT



LIPS AND NAILS ARE BLUE



PERSON IS NOT MOVING



PERSON MAY BE CHOKING

Signs of overdose



YOU CAN HEAR GURGLING OR SNORING SOUNDS



PERSON CAN'T BE WOKEN UP



SKIN FEELS COLD AND CLAMMY



PUPILS ARE TINY



CALL 911



STIMULATE
UNRESPONSIVE?
CALL 911



AIRWAY



VENTILATE
1 BREATH EVERY 5 SECONDS

S.A.V.E.M.E. Steps to save a life



EVALUATE



MUSCULAR INJECTION
1 ML OF NALOXONE



EVALUATE
ANOTHER DOSE?

Naloxone is a medication that reverses opioid overdose. If you would like to learn more about Naloxone or this project, please visit towardtheheart.com

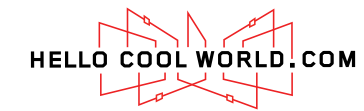


Providence
HEALTH CARE

How you want to be treated.



BC Centre for Disease Control
An agency of the Provincial Health Services Authority



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